

# Arlene's March 2025 K-8 Breakfast Menu



<p>3 Banana/Choc Oatmeal Round (2wg) <b>39</b> Applesauce (1/2c) <b>11</b> Juice (1/2c) <b>14</b> Choc/White Milk (1c) <b>19/13</b></p>	<p>4 Chocolate Muffin (2wg) <b>36</b> Craisins (1/2c) <b>34</b> Juice (1/2c) <b>14</b> Choc/White Milk (1c) <b>19/13</b></p>	<p>5 Cinnamon Bun (2wg) <b>34</b> Peach Fruit Cup (1/2c) <b>21</b> Juice (1/2c) <b>14</b> Choc/White Milk (1c) <b>19/13</b></p>	<p>6 Apple Strudel Pastry (2wg) <b>38</b> Craisins (1/2c) <b>34</b> Juice (1/2c) <b>14</b> Choc/White Milk (1c) <b>19/13</b></p>	<p>7 Cinnamon Toast Crunch Pastry (2wg) <b>40</b> Applesauce (1/2c) <b>11</b> Juice (1/2c) <b>14</b> Choc/White Milk (1c) <b>19/13</b></p>
<p>10 Apple Cinnamon Oatmeal Round (2wg) <b>39</b> Applesauce (1/2c) <b>11</b> Juice (1/2c) <b>14</b> Choc/White Milk (1c) <b>19/13</b></p>	<p>11 Super Breakfast Ring (1g) <b>27</b> Craisins (1/2c) <b>34</b> Juice (1/2c) <b>14</b> Choc/White Milk (1c) <b>19/13</b></p>	<p>12 Cinnamon Bun (2wg) <b>34</b> Applesauce (1/2c) <b>11</b> Juice (1/2c) <b>14</b> Choc/White Milk (1c) <b>19/13</b></p>	<p>13 Chocolate Bread (2wg) <b>43</b> Craisins (1/2c) <b>34</b> Juice (1/2c) <b>14</b> Choc/White Milk (1c) <b>19/13</b></p>	<p>14 Cherry Strudel Pastry (2wg) <b>38</b> Berry Fruit Cup (1/2c) <b>22</b> Juice (1/2c) <b>14</b> Choc/White Milk (1c) <b>19/13</b></p>
<p>17 Cereal Bar (1wg) <b>30</b> Applesauce (1/2c) <b>11</b> Juice (1/2c) <b>14</b> Choc/White Milk (1c) <b>19/13</b></p>	<p>18 Chocolate Muffin Top (1wg) <b>30</b> Craisins (1/2c) <b>34</b> Juice (1/2c) <b>14</b> Choc/White Milk (1c) <b>19/13</b></p>	<p>19 Cinnamon Bun (2wg) <b>34</b> Peach Fruit Cup (1/2c) <b>21</b> Juice (1/2c) <b>14</b> Choc/White Milk (1c) <b>19/13</b></p>	<p>20 Blueberry Muffin (2wg) <b>36</b> Craisins (1/2c) <b>34</b> Juice (1/2c) <b>14</b> Choc/White Milk (1c) <b>19/13</b></p>	<p>21 Mini Cinnis (2wg) <b>40</b> Applesauce (1/2c) <b>11</b> Juice (1/2c) <b>14</b> Choc/White Milk (1c) <b>19/13</b></p>
<p>24 Banana/Choc Oatmeal Round (2wg) <b>39</b> Applesauce (1/2c) <b>11</b> Juice (1/2c) <b>14</b> Choc/White Milk (1c) <b>19/13</b></p>	<p>25 Blueberry Muffin (2wg) <b>36</b> Craisins (1/2c) <b>34</b> Juice (1/2c) <b>14</b> Choc/White Milk (1c) <b>19/13</b></p>	<p>26 Cinnamon Bun (2wg) <b>34</b> Applesauce (1/2c) <b>11</b> Juice (1/2c) <b>14</b> Choc/White Milk (1c) <b>19/13</b></p>	<p>27 Lemon Bread (2wg) <b>43</b> Craisins (1/2c) <b>34</b> Juice (1/2c) <b>14</b> Choc/White Milk (1c) <b>19/13</b></p>	<p>28 Super Breakfast Ring (1g) <b>27</b> Berry Fruit Cup (1/2c) <b>22</b> Juice (1/2c) <b>14</b> Choc/White Milk (1c) <b>19/13</b></p>
<p>31 Strawberry Pop Tart (1wg) <b>38</b> Craisins (1/2c) <b>34</b> Juice (1/2c) <b>14</b> Choc/White Milk (1c) <b>19/13</b></p>				<p><i>Carbs listed for each item in blue font</i></p>

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